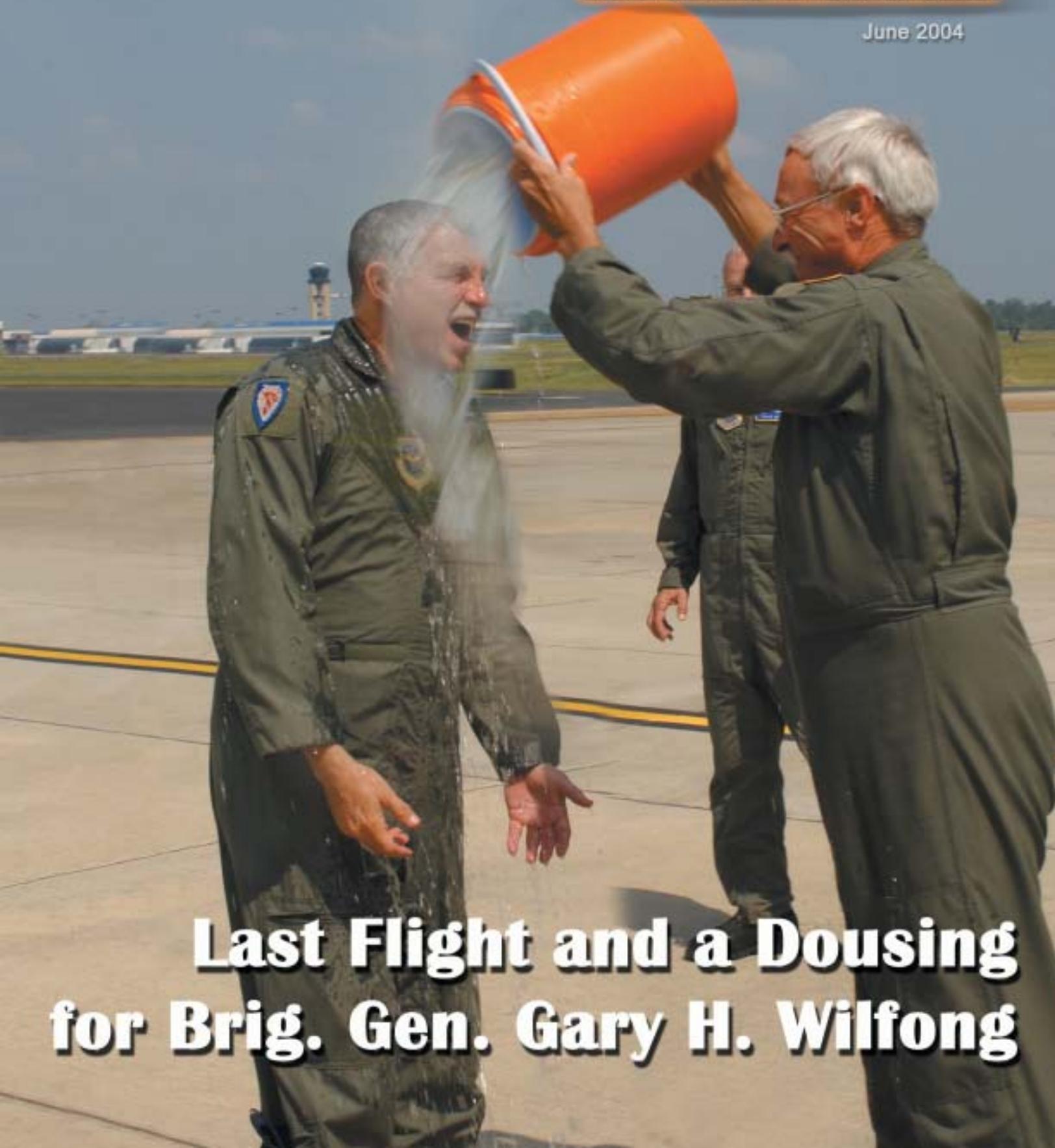


Tarheel TIMES

North Carolina Air National Guard

June 2004



**Last Flight and a Dousing
for Brig. Gen. Gary H. Wilfong**

Tarheel TIMES

North Carolina Air National Guard

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The commander's hotline is available for comments, concerns or suggestions. Dial 4687 or (704) 391-4687. Calls with a broad-based interest may be published in the **Tarheel Times**.



FRONT COVER:

This past month Brig. Gen. Gary Wilfong took his final flight in a C-130's as commander of the North Carolina Air National Guard. Back on the ground, Chief Master Sergeant Mike Annas makes sure the boss is not getting too overheated. General Wilfong is capping off a military career that has spanned three decades. In this period, he has accumulated over 17,000 hours of flying time in military and commercial aircraft. We'll have more pictures and a story in the July issue of our magazine. Photo Illustration by Master Sgt. Keith Dennis.



Maj. Gen. William E. Ingram, Jr.
North Carolina Adjutant General

Brig. Gen. Gary Wilfong
Commander
North Carolina Air National Guard

Col. David Hatley
Commander
145th Airlift Wing

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If you are interested in finding out more about the North Carolina Air National Guard, call toll-free 1.800.354.6933

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Successful leaders are developed ...not born!

By *Col. Mike Smith*
145th Combat Operations Group Commander

SUPERIOR LEADERSHIP — One of the prerequisites to mission accomplishment! Are you a true leader, or are you a hindrance to personal development and mission accomplishment? A hard question for sure, but each of us needs to examine ourselves to ensure that we are part of the solution, not part of the problem.

We are currently seeing on national television what appears to be a lapse in leadership in the way some of our troops have been treating Iraqi captives. Perhaps we are not seeing the whole story in the media, but we can see that proper guidance and training apparently were not provided to some of our troops. This example is probably more highly visible than in our normal daily activities, but in the end our people and the mission still suffer if we as leaders fail to provide them proper training.

No matter what your rank is, you have the opportunity to be a leader. Each of us should be aware of occasions when we need to step up and be a leader. When these times arise, you should be

"No matter what your rank is, you have the opportunity to be a leader."

prepared to take charge and accomplish the mission.

Successful leaders are developed-not born! Therefore, it is incumbent upon us to ensure we provide the leadership training required to develop our future leaders. Formal training, mentoring, and on-the-job experiences are vital steps in this on-going process. I



Colonel Mike Smith

am very aware that our current high Ops Tempo and obvious lack of time make it difficult to mentor our team members as we should, but each of us must find a way to make the time to grow our future leaders. We owe it to the individual and to the mission we serve.

If you haven't developed a formal leadership training program within your shop, start one today! There are various sources of mentoring programs available to you, but if you can't seem to get your program up and running, talk with your Commander about guidance.

If you are a Commander, it is your absolute responsibility to develop your personnel to the highest level they can attain. Make sure you offer them every building block they need to grow into the future leader they are capable of being.

Our young airmen are our future; prepare them well for the challenges ahead.

May is the Month of the Military

By **Kathleen Flaherty**,
145th Airlift Wing Family Readiness Program Manager

On May 2nd, Family Readiness participated in the Awards and Welcome Home Ceremony to recognize the invaluable contributions of the Military Family and also our outstanding volunteers. As our airmen continue to deploy around the world, our families love and support on the home front allows our airmen to focus on their mission. The sacrifices that often come with military services are many Missed anniversaries, holidays, dance recitals and ball games – and yet our families continue to stand strong and support their loved ones.

During this special month, Our North Carolina Air National Guard Family Readiness Coin was introduced. The coin reflects our vision of “Uniting Our Air Guard... One Family at a Time” and reflects our support of our state, nation, members, families and units. Making this coin extra special is the depiction of two of our own families on the front of the coin, Capt. CJ Charlton, his spouse Chera and daughter Zaria and Senior Airman Barbara Blalock and her daughter Leslie.

Photo by Staff Sgt. Andrea Bailey



Senior Airman Barbara Blalock (center) was presented with a limited gold plated silver Family Readiness Coin. Pictured with Senior Airman Blalock, is Kathleen Flaherty and Lil Ingram, wife of Maj. Gen. William E. Ingram, Jr.

Our Family Readiness Program has come a long way since February 2000 and its success has required the help of many people who have selflessly given of their time. They have done so without seeking or asking for anything in return, being satisfied with knowing that their efforts helped to make sure that not only were our members supported, but that our members had the confidence that their family's needs would be addressed during their absence. Capt Allan Cecil, from day

one as a charter member of the Family Readiness Executive Council, has provided guidance, creativity, and support. He was instrumental in designing the Family Readiness Program as it exists today. Senior Master Sgt. Shawna Stines for her day to day support of the Family Readiness Office including financial, equipment, time and effort, all of which went far beyond our expectations. Master Sgt. Keith Dennis and Technical Sgt. Brian Christiansen, both have allowed us to capture the history of the last four years. Their contributions, hard work and sacrifice allowed us to tell the story of the sacrifices of our members and their families during these hard times. Both Keith and Brian were involved in every step of the design and production of our Family Readiness Coin.

Continued on next page

Photos by: Keneitha Delaney



Kathleen Flaherty, 145th AW, Family Program Manager present a coin to Senior Master Sgt. Shawna Stines



Ray and Sherry Chesnut, Dorothy Burrell and Maj. Ed Kingdon receiving their awards

NCANG Family Readiness recognized the 145th Security Forces Squadron as the 2003 Outstanding Family Readiness Unit; Ms. Dorothy Burrell as the 2003 Outstanding Family Readiness Unit Representative; and Ray and Sherry Chesnut as the most Outstanding Family Readiness Volunteers. Our family readiness awards were presented in appreciation for their time and efforts they put forth in the Family Readiness Program. Their continued support helped our program immensely and contributed greatly to the North Carolina Air National Guard.

Dorothy Burrell receives Family Readiness Coin and Certificate of Appreciation.



Assistance League of Charlotte donates books for deployed Airmen and Soldiers

By **Kathleen Flaherty**,
145th Family Readiness Program Manager

The Assistance League of Charlotte is a non-profit organization dedicated to identifying, developing, implementing and funding philanthropic projects to serve the needs of the Charlotte Mecklenburg community. Profits from their Thrift Shop help to fund ALC philanthropic projects. Sarah Massey, director of the Thrift Store wanted to do something for deployed military service members. While turning over their stock, they found hundreds of books in excellent condition and decided to donate them to the North Carolina National Guard for deploying airmen and soldiers. Great suspense, drama, mystery and romance novels that I'm sure our deployed members will enjoy thanks to this great donation from the Assistance League of Charlotte.



Kathleen Flaherty, 145th AW Family Program Manager and Technical Sgt. Robert Ritchie receive hundreds of books from Sarah Massey, director Assistance League of Charlotte



Technical Sgt. Robert Ritchie gathering books from van donated by Assistance League of Charlotte

Medical History Fact Sheet

Why do I need to share a complete medical history with my dentist?

During your first dental visit, your dentist will ask for a thorough medical history, which typically is included on a patient registration. This section may include questions about lifestyle (such as smoking or involvement in high-risk sports) and family medical history. This history, combined with the results of your initial clinical examination, will help to assess your immediate dental care needs and recommend the best treatment approach.

What kind of health information should I share and how specific should I be?

Mention everything about your health, even if you don't think it relates to your mouth. If you have had surgery or a major illness, be sure to include this information in the medical history of your patient information section.

Many diseases can have significant effects on your mouth and teeth, and researchers continue to discover ways in which oral health is related to overall health. Diabetes, for instance, can increase the risk of periodontal disease.

Suggested items to include on your patient registration form:

- Any recent heart surgery [within the last six months]
- Artificial heart valve(s)
- Asthma
- Congenital Heart Defect
- Epilepsy/seizures
- History of Rheumatic Fever
- History of Heart Murmur/Mitral Valve Prolapse
- Knee, joint or hip replacement surgery
- Latex Allergy

- Medications: Prescribed or over-the-counter
- Pacemaker
- Previous Bacterial Endocarditis
- Systemic Pulmonary Shunt
- If you smoke (smoking can lead to serious problems like oral cancer)
- About any allergies you have (including Latex Allergy)
- If you are pregnant
- Any health problem or medical condition you are being treated for



Should I tell my dentist about any medications I am taking?

Information about medications you are currently taking can be vital to your health, especially in an emergency. Some medications cause dry mouth, which can increase the risk of cavities. Other health conditions may require the dentist to change the type of anesthesia given. Your dentist also will want to make sure that any medications he or she prescribes don't interact with

medications you already are taking. If you are visiting your dentists for the first time, bring along a current list of medications just to be sure your dentist has an accurate record.

How often should I update my medical history ?

After your first visit, be sure to keep your dentist informed any time there is a change in your current health status. Let your dentist also know if you are pregnant, have developed allergies or are a smoker. Depending on your health status at the time of your visit, different treatment alternatives, or even delaying treatment, may be recommended.

How can I be assured my medical history and records will remain private?

You dentist cannot release any diagnosis or office visit information without your consent. You may be asked to sign a release form so that your dental office can provide that information to the insurance company for health insurance benefits.

Insurance companies are required to keep that information confidential from anyone not directly involved with your care or with processing your insurance, just as physicians, hospitals and other health service providers are.

The Academy of General Dentistry is a non-profit organization of more than 37,000 general dentists dedicated to staying up-to-date in the profession through continuing education. A general dentist is the primary care provider for patients of all ages and is responsible for the diagnosis, treatment, management and overall coordination of services related to patient's oral health needs. Permission has been granted for the Tarheel Times to use this material. For more dental health information or to post a question, visit the Academy of General Dentistry web site at www.agd.org.

The customer is STILL always right!

By **Master Sgt. David F. Fields**,
145th Mission Support Flight/NCOIC Customer Service

That is why a small general store grew into a huge retailer worth billions....that store being Wal-Mart. The idea that the customer is always right still is predominantly what has endeared so many people after all these years to Wal-Mart. They try to make the customer happy. We want to do the same here in Customer Service.

Our lives are always changing, evolving, and we need to keep our records updated. It is up to each and every one of us to do just that. That change may be a marriage (name change), a divorce, adding a child or dependent, changing an address, going active duty and perhaps deploying, coming off active duty, changing a beneficiary, getting promoted, decreasing or increasing your SGLI or FSGLI, and even adding the Thrift Savings Plan to your financial portfolio.

We help do that all for you in the Customer Service Section. We can make both active duty (tan) and traditional (red) cards for your dependents. Those red ID cards are good for unlimited Exchange and Commissary privileges. A lot of discounts are available to military dependents with proper

identification. We make dependent ID cards every Tuesday from 8:00 AM until 11:30 AM.

If your dependents have questions about TriCare, or DEERS, have them to call us. Remember the vMPF, and with a CAC card and pin number you can access a variety of information on yourself. Any time you have a change with your emergency data form (DD Form 93) you need to make that change online. You can do it at any computer if you know your User ID and password, or if you are using a military computer on base, then all you need is your CAC card and your pin number.

Another benefit from TriCare Insurance is an additional 180 days if you have been deployed for more than 30 days and that deployment is listed as an official operation (enduring freedom, noble eagle, etc.) Come in and get your TA-180 card for you and your dependents after you get off active duty orders.

The Guard is not the Guard it used to be, and probably may never be again, and we always need to be ready when called. Make sure that you take care of yourself and your family before you go anywhere. Your MPF Customer Service section is here to make sure that you are always ready for anything that our country calls us to do.

Legal Corner

“By Law” designation on SGLI may overlook miss intended beneficiaries

By **Major Craig Carpenter**, 145th Airlift
Wing/Deputy Staff Judge Advocate

If you have designated your SGLI benefits to be distributed “By Law,” do you really know who would receive the insurance proceeds upon your death? Chances are you don’t.

Most airmen service members understand the value of being able to leave up to \$250,000 to their loved ones via their SGLI benefit, but. Many, however, many unknowingly put at risk their intended beneficiaries’ ability to actually collect payment from the benefit the policy at great risk when they . By putting writing “By Law” as the policy’s beneficiary. If do this , you relinquish give up (or “forfeit”) control over of how the the proceeds from your SGLI will be distributed of the proceeds and open the door for to claims, disputes and potentially lengthy litigation by third parties claiming to be beneficiaries under the “By Law” distribution scheme.

When you use a “By Law” beneficiary designation on your SGLI policy, a court

state court must may end up interpreting SGLI’s the distribution scheme of your benefit using definitions found in its own law from the SGLI statute and state laws. As these laws vary from state to state, the legal definition of terms like “spouse”, “child”, “parent”, and “next of kin” may not be the same as you intend. For instance, the term “parent” generally does not include foster parents or stepparents. An actual case off from the a Virginia ANG member who died on active duty with “By Law” as the beneficiary designation for SGLI illustrates this point. In 2001, a For his entire military career, the member had sent monthly allotments to the foster parents who raised him. Yet on his death, his SGLI proceeds went not to the “parents” he intended but to the drug-addicted natural mother who had abandoned him as a child. plane crashed in Georgia killing 17 members of the Virginia ANG Red Horse Squadron while returning annual field training in Florida. Several unintended beneficiaries received windfalls as the result of their “By Law” designations on their SGLI policies. In one particularly egregious case, an airman’s

step-father who raised him from the time he was an infant lost out on a \$250,000 SGLI benefit which instead was paid to the airman’s drug-addicted and alcoholic natural father who had abandoned him as child, and whom he had not even seen in over twenty years. As a result, without a specific indication of who you intend to be your beneficiary, no one can confidently predict how a “By Law” designation will be distributed.

Don’t leave the distribution of this valuable benefit to chance. Take a few minutes to specifically name your intended beneficiaries of your SGLI policy. Review the beneficiaries you have assigned listed regularly – when you PCS, prepare to deploy, or whenever circumstances affecting your family arise, such as a birth, death, marriage, divorce or separation. This responsible approach is the best way to ensure that the proceeds from your SGLI policy are distributed in a timely manner only to those who you wish to receive payment.

If you have any questions pertaining to your SGLI benefits, please visit your MPF or a legal assistance attorney.

Chapter 7 – News and review

By **Chief Master Sgt. Janice Richardson**, Chapter 7 President

As I am serving my second term as Chapter 7 president I want to say THANK YOU to all who have supported Chapter 7 not only during my tenure but throughout the past 35 years. In review of last year we were very busy and I want to personally thank all who contributed and participated in the events of 2003.

- 2003 Scholarships – Chapter 7 applicants were awarded 4 of the 6 scholarships awarded at Seminar 35 in Little Rock, Arkansas.
- Master Sgt. Bennie Frick Scholarship fund – Chapter 7 raised \$ 2,503.00 and presented it to the scholarship fund at Seminar 35 – Thanks to everyone who contributed.
- My thanks to Chapter 7 for submitting me as the Outstanding Graduate of the Year 2003 – being selected for this prestigious award was truly an honor both in North Carolina and nationally.
- Memorial Mall Ceremony – Thanks to everyone who participated.
- Flag Ceremonies – Through out the year – Thanks for taking the time to participate in these patriotic ceremonies.
- Special Olympic personnel were escorted and assisted at special recognition program during pole day at Lowe's Motor Speedway by Chapter 7 members – Thanks.
- Operation Santa Claus Christmas party and Angel Tree – Thanks to Senior Master Sgt. Joe Rhyne and Chief Master Sgt. Lynn Rhyne for stepping up to chair this event. We received outstanding support from active and retired members of the NCANG.

Now we are moving on to 2004

- Thanks to Technical Sgt. Melissa Morrow for adding a Chapter 7 link to our base intranet. This link provides Chapter 7 information for upcoming and current projects and events.
- Chapter 7 selected Senior Master Sgt. Joseph Rhyne as our Outstanding Graduate of the Year. Rhyne will compete with submissions from 105 Chapters of the NCOAGA. Good Luck to Senior Master Sgt. Rhyne!!
- Scholarship Committee worked feverishly to recruit scholarship applicants. North Carolina always has the most applicants of any Chapter.

Coming to Charlotte July 26–30 Noncommissioned Officer Academy Graduate Association Seminar 36

- The opening ceremony will be Jul 27th and the Awards Banquet will be Jul 29th, with business and PME training throughout the Seminar.
- This is an intense project for Chapter 7 – we will succeed however, we need your help. We need sponsors to donate funds/services and we need items donated to be used in our silent auction. Think about your community associates that might like to provide support for an Air National Guard Noncommissioned Officer Academy Graduate Association function.

- If you would like to participate in the Seminar as a volunteer please get in touch with any of our officers to sign up!! We welcome support from our retirees and encourage your participation. We have a list of all the committee posted on our Chapter 7 link on the intranet. Seminar 36 registration forms are available on the web site.

Chapter 7 will be supporting all the activities that we supported in previous years to include flag ceremonies, Memorial Mall ceremony, Operation Santa Claus and other activities that come up throughout the year. We want to encourage all members who have completed any level of PME to join Chapter 1 and become an active member of Chapter 7. Participation is encourage for all members of the North Carolina Air National Guard – not being eligible to be a member of Chapter 7 doesn't prevent your participation in activities that we are involved in.

If you would like to know more about the Noncommissioned Officer Academy Graduate Association please visit the web site at ncoaga.com. The association is the backbone of the enlisted professional military education programs instilling patriotism, leadership skills, and professionalism while promoting mentoring and community involvement among our enlisted force.

CHAPTER 7 CHALLENGE

Chapter 7 will begin awarding plaques to the squadron with the best Chapter 7 Meeting Attendance. (one based on total number and one based on percentage of members)

These plaques will travel to the winning squadron each quarter.

**JOIN US AT 0700 ON SUNDAY DRILLS
IN THE
CAROLINIAN DINING FACILITIES**

Help get your squadron recognized!!!

Physical Fitness – a way of life

By *Staff Sgt. Marilyn Wilkins,*
145th Mission Support Group/
Personnel Specialist

For someone who has maintained a size 6 for most of her active duty military career, I was in for a rude awakening when I obtained the results of my ANG fitness test last year. Although I am middle-aged, I was unfortunately trapped in the body of an 80 year old woman! Initially, I tried to joke about the issue, but when I actually processed this startling revelation, I had to admit that my body had stretched to a disproportionate dimension.

Serving on active duty from 1985 – 1991, I was able to obtain my weight due to the fact that physical fitness was a priority. After all, who wants to be on the “Fat Girl” program. Although I did not realize it at the time, eating baked chicken in the dining hall every other day helped me to maintain a healthy diet. Upon my discharge from active duty in 1991, I out processed at a shapely 128 pounds.

I transitioned to the Air Force Reserve unit in Charleston and was required to walk once a year versus running the 1.5 miles. This was a drastic change from running 3 miles everyday while I was on active duty in order to maintain my endurance to pass the run and to avoid placement in the Fitness Program.

Upon release from active duty, the first year I gained 6 pounds. This was not a big deal. 132 pounds was a good weight. At 5’4”, I was still well under my maximum allowable weight. The next year, guess what. I gained another 6 pounds. You do the math. It didn’t take long for me to transition from weigh-ins to Body Fat Measurements. In the meantime, my hectic lifestyle made it more difficult to find the time to exercise. I knew I was out of shape when walking up 2 flights of stairs in my home felt like running a 26 mile marathon!

The final straw was last year when I obtained the results of my Air National Guard Fitness test in 2003. Although it



was somewhat humiliating at the time, this prompted me to begin a lifestyle change which incorporated healthier eating habits and a physical fitness routine. I became an active member of a local gym and now attend approximately 5-6 times weekly. My work outs include spinning, kickboxing, step aerobics, body pump, and Pilates. On Mondays, for example, I attend the advanced step aerobics class and then top that off with an hour spinning class. This is a big difference from becoming exhausted from walking up 2 flights of stairs. Not only did my endurance level improve immensely, but I found myself wearing a size 9 versus a size 12!

The purpose of the Air National Guard Fitness Program is not to make all lives miserable, but it is to promote healthy lifestyle changes. The main objective of the ANGFP is to “motivate all guard members to participate in a

year round physical conditioning program which emphasizes total fitness to meet mission requirements and to deliver a fit and healthy force.”

According to ANGI 10-248, several new changes will be included in the Fitness Program. These changes include the 1.5 mile run. All females will be required to perform male push-ups. In order to pass the fitness test, it would be in everyone’s best interest to integrate a fitness regime into your lifestyle. Please do not risk personal injury or program failure by waiting until the last minute to prepare for the fitness test.

The benefits of physical fitness not only include looking good and feeling terrific. Physical fitness can decrease the risks for many potential health problems and will also help to alleviate stress. There is no time like the present to incorporate a fitness program into your life. The rewards are endless!

A Homecoming

By **Major William Merritt**,
156th Aeromedical Evacuation Squadron,
Unit Public Affairs Representative

Kerry Hathcock proved that you really can go home despite what the writers say. After a 14-year break in service as well as a 3-year tour with the U.S. Army Reserve, Senior Airman Hathcock was commissioned in the North Carolina Air National Guard as a 2nd Lt. in ceremonies on Saturday of May UTA. Lt. Hathcock will be attending the Flight Nurse course at Brooks AFB, TX and will then return to the 156th AES where he will begin his flying duties as a Flight Nurse.

Lt. Hathcock earned his nursing degree from Winston-Salem State University and currently works as an Emergency Department nurse at Stanley Memorial Hospital in Albemarle. His military career began in 1986 with the active duty Air Force as a Crew Chief. Lt. Hathcock served in that role until 1989 and then went on to his Army tour. With his wife Kim and his 2 sons at his side he returned to the Air Force and a new career Saturday.

He was asked why he wanted to return to service at such a perilous time for America, he simply said "After 9/11 I needed to contribute something."

As a Flight Nurse in today's Air Force he will get ample opportunity for that!

News Briefs

NCDOL Apprenticeship & Training Ceremony

Many of you have enrolled in the NC Department of Labor (NCDOL) Apprenticeship & Training Program. The NCDOL has a ceremony each year to present awards to members of the program for their accomplishments or contributions. On April 29th the Recruiting office realized the benefits of this program and the opportunity to use it as a Center Of Influence event by supporting it with the propulsion engine, a communication vehicle from the 263 CBCS, and the recruiting trailer at the State Fair grounds in Raleigh, NC. While there we were able to inform many employers and employees about the skilled training and opportunities we provide. During the event MSgt Rob Ramsay received the NCDOL Commissioner's Award for setting up the NC Air National Guard statewide program. In the future, this will be an excellent opportunity for our units and members to be recognized on a civilian level. The Recruiting staff would like to thank all the support we received, our guests who attended, and the outstanding representation our members gave informing the public at our displays.

DoD Launches the Pentagon Channel in a Salute to the Armed Forces during Military Appreciation Month

The Pentagon Channel officially launches May 14, 2004, in conjunction with Military Appreciation Month. The new channel is a Department of Defense television service distributed 24 hours a day, seven days a week, serving those who serve in America's Armed Forces in all 50 states via domestic satellite, and overseas via the American Forces Radio and Television Service.

In addition to supporting improved communications with the 1.4 million active duty service members at military camps, bases and stations in the United States and overseas, the Pentagon Channel will provide more timely access to military information and news for the 1.2 million members of the National Guard and Reserve, and the 650,000 civilian employees of the Department of Defense. For information on how to receive the new Pentagon Channel via satellite, cable or the worldwide web, visit www.pentagonchannel.mil.

NGAUS Information

September 14-16, 2004 - National Guard Association of the United States Conference and Exhibition, Las Vegas Convention Center, Las Vegas, NV - Discover and Sell to American's \$15.B Hidden Defense Market

Registration: www.ngaus2004.info - Exhibits: 410/997-0763, ngaus@epponline.com.



Open Season - TSP open season began April 15 and will end June 30, 2004.

If you wish to change your pre-tax contribution remember to update the TSP withholdings through MyPay. Remember to print screen the transaction acceptance screen and keep for your records.

Anyone eligible to participate in the Catch-Up contributions must make new elections for catch-up contributions each calendar year. Go to the TSP web site to read TSP Bulletin 03-4 for detailed information about catch-up contributions. Go to <http://www.tsp.gov/bulletins/announcements.html> for information.

TSP is what makes being a FERS employee so great! Participate! Participate! Participate!

Us older folks need to talk to the younger folks and encourage them to start early. This account can be combined with another account if an employee leaves federal service and participates at another place of employment. The potential is good that someone who participates in a TSP/401K for 30+ years could retire with a Million dollar account.

Lt. Col. Dave Thrams,
NCANG Comptroller

Some Military Thrift Savings Plan (TSP) Q&A

44) *When can I sign up for the TSP?*

If you are eligible, you can sign up to contribute to the TSP during the two Open Seasons each year or within 60 days of when you join the uniformed services. If you are a member of the Ready Reserve and are called to active duty or are a member leaving active duty and entering the Ready Reserve, you may also make TSP elections within 60 days of your change in status. You may make only one election each Open Season.

45) *Where can I get a TSP form?*

Changes to your TSP can be made through myPay and do not require a form. However, if you prefer to submit a paper

form print one from the TSP Web site, at www.tsp.gov and turn-in completed form to Military Personnel Flight (MPF).

46) *What TSP transactions can be made via myPay?*

<https://mypay.dfas.mil/mypay.aspx>

TSP via myPay is available only to Active/Reserve Military Members (Technicians must see Mrs. Jackie Stabel to start TSP contributions. Other technician actions can be performed on TSP web site.)

The following transactions can be made:

- A. Start enrollment during Open Season or within 60 days of the date you join the uniform services
- B. Change percentage of basic pay/incentive pay/special pay during Open Season
- C. Start or Change bonus pay at anytime if you are already contributing to basic pay
- D. Cancel contributions at any time throughout the year

47) *What is the percentage of contribution that I can elect?*

The maximum contribution allowed from basic pay for pay periods beginning in: 2004 9% 2005 10% 2006 and thereafter...TSP contributions limits eliminated

If you elect to contribute to basic pay, you may contribute from 1% to 100% of any incentive pay, special pay or bonus pay that you receive.

Internal Revenue Code section 402(g) and section 415(c) may limit your annual contributions. See the Summary of the Thrift Savings Plan for the Uniformed Services for more information about these statutory limitations.

48) *How can I make fund allocation changes?*

MyPay does not allow you to change the investment of your contributions. To change the investment of your contributions (C, G, F, I or S funds), you may visit the TSP web site at <http://www.tsp.gov>, call the ThriftLine at 504-255-8777, or submit form TSP-50 available from MPF office.

FYI

NEW CLOTHING PROCEDURES

October 2003 started a new era in Clothing Management for the Air National Guard. The new method will remove clothing transactions from SBSS (Supply) processing, eliminate base level inventory and provide web support for the customers needs. Uniform items included in this process are items identified in the initial issue authorization of Blues and BDUs. These changes will not affect organizational (field jacket, flight suit, nomex gloves, etc.) clothing. Turn

around time, from ordering to delivery, is expected to be within 10 days.

Approximately 25 bases tested these procedures with additional bases coming on line each month. By 1 Oct 04 all units will be utilizing these new procedures.

Our actual start up date for these procedures will be June 28, 2004, less than a month away.

To you, the customer, this means all initial and replacement clothing will need to be ordered. We will have representative clothing available for fitting. Uniforms will come in with rank,

USAF tape and name tape sewn on, with no charge to you. Guardsmen will place their order on UTA and pick up their clothing the next UTA.

We will maintain no clothing inventory. Therefore, if you forget your hat, or belt, we will not be able to provide one for you that day.

During this transition, we appreciate your patience and cooperation. Once fully on-line, this new program will provide many benefits to you, the customer.

FYI Continued on next page

NC NATIONAL GUARD TUITION ASSISTANCE PROGRAM (NC TAP)

\$2,000.00 per academic year

(1 July – 30 June)

(Based on State Budget's funds)

Career Maximum: **\$8,000.00**

News Flash!!! New Deadline for TAP applications starting with Spring 2003. Applications **MUST** be received by the Office of the Adjutant General of NC, OTAGNC-AGESO no later than the last day of the late registration period during which the fund will be applied (as set by the school).

Send completed application to:

North Carolina National Guard
ATTN: AGESO
4105 Reedy Creek Road
Raleigh, NC 27607

Qualifications:

1. Satisfactory participation in the NC National Guard
2. At least 2 years remaining on enlistment at time course ends
3. Satisfactory completion of course(s)

About the Program:

Pays up to \$2,000 per year (\$8,000 career maximum) towards tuition and required fees at any educational institution (public or private) within the state of NC that is approved by the NC State Approving Agency.

Can be applied to vocational training, undergraduate, graduate, and doctoral programs.

Benefit available to all NC Army and Air National Guard Members (Officer, Warrant Officer, and Enlisted) who have at least 2 years remaining on their commitment to the NCNG upon completion of the course(s).

This program can be used in conjunction with the Montgomery GI Bill and Montgomery GI Bill Kicker.

State Budget is distributed on a first-come, first-serve basis.

The Process:

1. Charlotte Personnel should contact TSgt De'Anna Redmon, Retention Office Manager at 1-800-354-6943 (X4308) to obtain the NC Tap form. GSU personnel should contact MSgt Mike Laney, GSU Recruiter at 1-800-354-6943 (X2467).
2. Members complete Section I. Raleigh must have your original signature (no copies).
3. TSgt Redmon, MSgt Laney or Commander should complete Section II.

4. Education Institution/College completes Section III.
5. Mail the form to AGESO.
6. AGESO verifies eligibility.
7. Award Letter is sent to Educational Institution, and member.
8. Educational Institution sends invoice to AGESO. (Be sure that this happens)
9. AGESO certifies for payment and forwards to Department of Crime Control & Public Safety (DCC & PS).
10. DCC & PS sends payment to Educational Institution.

NOTE!!! You are primarily responsible for your NC TAP application. If you leave it with the school and they do not get it in to the Raleigh AGESO office before the deadline date above, you will not be able to get the tuition assistance for that semester. **Bottom line it's safer to have the school fill in section III of the tuition form and you mail it to Raleigh yourself.**

COMMUNITY COLLEGE OF THE AIR FORCE UPDATES

By Master Sgt. Allen Unger, 145th Mission Support Flight/Base Education & Training

Join the more than **250,000** Air Force Airmen and NCO's that have received their Associate degree from the Community College of the Air Force. A total of 64 semester hours of college credit is required for your degree, of which 24 semester hours are from your (military) Technical Education, six semester hours for Leadership, Management & Military Studies, four semester hours for Physical Education, 15 semester hours for General Education, and 15 semesters for Program Electives. Additional information is available at the Air Force Virtual Education Center (AFVEC) website, <https://afvec.langley.af.mil/afvec> (from a military computer), and click on CCAF. Or, on drill weekends, you can contact Master Sgt. Allen Unger at the Base Education & Training office for counseling assistance.

News Update: Military technical training from other branches of the Armed Forces may be applicable to your CCAF degree...

Department of Defense & Other Service Schools
Many Air Force enlisted members

attend Army, Navy and/or Department of Defense initial or advanced technical training courses instead of Air Force technical training courses. The college does not award resident credit for these courses since these schools are not part of the CCAF system. However, the college awards proficiency (P) credit to Air Force enlisted members completing these courses. Proficiency credit is applied to a student's program after attaining the journeyman, five skill-level.

If the Department of Defense (DoD) and other service schools are accredited and issue a transcript, the college will consider accepting the credit in transfer. Contact the following for a transcript: **The Army/American Council on Education Registry Transcript System (AARTS)**

The Army/American Council on Education Registry Transcript System (AARTS) is an automated transcribing document created by the Army that carefully tracks all of a Soldier's military training and coursework gained in the Army, Army National Guard, and Army Reserve. Available at no charge to the service member, AARTS must be ordered directly from the AARTS Operations Center in Ft. Leavenworth, Kansas or online via the AARTS web site at: <http://aarts.army.mil>.

Sailor/Marine/ACE Registry Transcript (SMART) Transcripts

Sailor/Marine/ACE Registry Transcript (SMART) transcripts present a record of the Sailor's or Marine's completed military coursework and training as evaluated by ACE, with full course and occupation descriptions, and college credit recommendations. SMART transcripts are available at no charge to all active duty Sailors and Marines, enlisted and officers, reserve component personnel, Sailors who separated or retired after January 1975, and Marines who separated or retired after June 1999. SMART transcripts must be ordered from the SMART Operations Center or online at <https://smart.cnet.navy.mil>. The mailing address for SMART Operations is:

SMART Operations
NETPDTC - N2, 6490 - Saufley Field Rd.
Pensacola, FL 32509-5223

Coast Guard Institute

The transcript issued by the Coast Guard Institute reflects the credits recommended by ACE. To order a copy of the official U.S. Coast Guard transcript, please log on to the Coast Guard web site at:

<http://www.uscg.mil/hq/cgi/forms.html>.

Credit by Examination

A maximum of 30 semester hours of degree-applicable examination credit may be applied to satisfy degree requirements. Credit may be applied for examinations offered by DANTES, CLEP, Excelsior College and the Defense Language Proficiency Test.

Certification, Licensure & Registry Credit

Degree requirements may be satisfied after verifying degree-relevant governmental and/or professional certification, licensure and/or registry. A student holding a degree-relevant certification, licensure and/or registry should contact the sponsoring agency, association or society to request official written verification be sent to CCAF/RR, 130 West Maxwell Boulevard, Maxwell AFB, Alabama 36112-6613.

FAA Certification Credit

The Community College of the Air Force awards 30 semester hours for the Federal Aviation Administration (FAA) Airframe and Powerplant certification and 18 semester hours for the FAA Airframe or Powerplant certification. This credit may be awarded to students if the credit applies to the technical requirement and is needed to complete the program requirements. Refer to the applicable degree program for the maximum semester hours that may apply to fulfill technical core or elective requirements. A student currently possessing FAA certification who desires credit toward an applicable degree program needs to forward a written request, using the "Request for Verification of Certification" memo provided by CCAF (see the CCAF catalog), to:

FAA Airman Certification Branch

AFS 760, PO Box 25082

Oklahoma City, Oklahoma 73125-4940

Only certified written verification from the FAA is accepted by CCAF.

SBA ASSISTANCE FOR SELF EMPLOYED RESERVE & GUARD MEMBERS

If you are a member of the National Guard or Reserves and either own a small business or are employed by one, your business may be eligible for help from the U.S. Small Business Administration. As part of an overall strategy to ensure business continuity, planning is the key to working successfully through any potential disruption that may result from a federal call-up to active duty of a small business owner or key employees.

SBA's OFFICE OF VETERANS BUSINESS DEVELOPMENT (OVBD)

OVBD is coordinating the outreach to and policy recommendations for SBA assistance to members of the Reserve and National Guard. (www.sba.gov/vets)

RESERVE AND GUARD SMALL BUSINESS GUIDE

Small business owners can receive a comprehensive guide that provides resources available from the SBA to address restarting your business after returning from active duty. (www.sba.gov/reservists)

PLANNING ASSISTANCE

Through local district offices and SBA's resource partners, you can receive business planning, counseling and training to help your business prepare for a call to active duty. After you or your employees return, the SBA can help with marketing and other plans to re-establish and grow your business. For more information, visit our website at http://www.sba.gov/starting_business.

The SCORE, SBDC (Small Business Development Centers), VBOC (Veteran Business Outreach Centers), (WBC) Women's Business Centers and BIC (Business Information Center) can provide one-on-one counseling for veterans. (www.sba.gov/vets & www.sba.gov/ed).

ONLINE TRAINING

The SBA's E-Business Institute (www.sba.gov/training) is a customer-focused online training environment designed to enrich, educate and enable small businesses. It is a virtual campus offering online courses, workshops,

information resources, learning tools and direct access to electronic counseling and other forms of technical assistance.

FINANCING OPTIONS

Small businesses may need financing as a result of the owner or key employees being called away to serve the country or returning veterans may need financing to expand an existing business or start a new one. The SBA's loan programs can help provide veterans with small business financing that may not be available through other channels. More information can be found at www.sba.gov/loans or ask your local, participating lender about SBA-guaranteed loans.

MILITARY RESERVIST DISASTER ECONOMIC INJURY DISASTER LOANS (MREIDL):

For eligible small businesses facing financial needs because an owner or an essential employee was called to active duty, the SBA can offer loans tailored to those needs. Small businesses may apply for the loan after the employee(s) receive his/her orders to report for active duty. They also have 90 days after the employee's discharge to apply. Loans up to \$1.5 million for a maximum of 30 years are available at an interest rate not to exceed 4 percent. The loan application can be downloaded from the Web site at www.sba.gov/reservists/disloan.html.

COMMUNITY EXPRESS:

Veterans interested in conventional SBA financing for business start-up/expansion are targeted under SBA's Community Express program. This program provides streamlined and expedited loans up to \$250,000 and includes management and technical assistance. For information and lenders on this and the following loan programs, contact your local SBA District Office.

SBA 7(a) LOANS:

Operates through private-sector lenders that provide loans guaranteed by the SBA – the Agency has no funds for direct lending (other than MREIDL) or grants. The maximum loan amount available is \$2 million, although the maximum dollar amount the SBA can guarantee is generally \$1 million.

FYI Continued on next page

504 CERTIFIED DEVELOPMENT COMPANY (CDC) PROGRAM:

The CDC Program provides growing businesses with long-term, fixed-rate financing for major fixed assets, such as land, buildings, or major equipment. A CDC is a nonprofit corporation set up to contribute to the economic development of its local community. CDCs work with the SBA and private-sector lenders to provide financing otherwise unavailable to small businesses.

MICROLOAN PROGRAM:

The Microloan Program provides very small loans to start-up, newly established, or growing small business concerns. SBA makes funds available to nonprofit community based lenders (intermediaries) which, in turn, make loans to eligible borrowers up to a maximum of \$35,000. The average loan size is about \$10,500.

DEBT RELIEF:

If your small business currently has an SBA direct or guaranteed loan, you can ask for repayment deferrals, interest-rate reduction and other assistance.

FIRMS PARTICIPATING IN GOVERNMENT CONTRACTING 8(A) / SMALL & DISADVANTAGED BUSINESS (SDB):

If a call to duty requires that the day-to-day management of the company must be transferred to an individual other than the one on whom the original certification was granted, the transfer will not disqualify the firm from program participation.

SMALL BUSINESS INNOVATIONS RESEARCH (SBIR)/SMALL BUSINESS TECHNOLOGY TRANSFER (STTR):

If a call to duty results in a firm not being able to complete a grant's objectives within the original timeline, that timeline can be extended.

HUBZONE:

Individuals who are employed by HUBZone firms and are called for military service will continue to be counted as employees when calculating the 35% HUBZone residency requirement or determining the firm's

principal office, assuming they continue to be employed by the firm.

FOR MORE INFORMATION:

Visit our Web site at www.sba.gov/reservists, or call our Office of Veterans Business Development at 202-205-6773.

RESERVE COMPONENT - PAY BILLS BUT SAVE YOUR RECEIPTS

Last year, the President signed legislation for Fiscal Year 2004 that authorized three new temporary provisions to enhance access to TRICARE medical and dental benefits for eligible Reserve Component sponsors and their family members. Recently, the Department of Defense announced plans to implement the new provisions under its "2004 Temporary Reserve Health Benefit Program." Eligibility for some of the new temporary TRICARE enhancements began Nov. 6, 2003, and ends for all on Dec. 31, 2004.

Eligibility for two of the temporary provisions (sections 703 and 704) was effective Nov. 6, 2003, but TRICARE policy, data and contract changes were needed before either could be implemented and claims paid. The 704 provision, which was implemented by TRICARE Management Activity (TMA) earlier this week, temporarily extends TRICARE eligibility under the Transitional Assistance Management Program (TAMP) from 60 or 120 days to 180 days for Reserve Component sponsors who separate from active duty federal service Nov. 6, 2003, through Dec. 31, 2004. Effective March 17, 2004, TAMP-eligible sponsors and family members who were saving their receipts may apply for TRICARE reimbursement by submitting a TRICARE claim form, a copy of their itemized bill, an explanation of benefits and proof of payment if the bill was already paid to their TRICARE regional claims processor. Contacts and additional information on claims processing are available on the TRICARE Web site at www.tricare.osd.mil/claims/default.cfm.

TMA will soon be able to implement the second temporary provision (703). This provision authorizes TRICARE medical and dental benefits for Reserve Component sponsors activated in

support of a contingency operation for more than 30 days and for their family members. TRICARE eligibility under this provision begins the day the sponsor receives delayed effective date active duty orders or 90 days before the date the active duty period begins, whichever is later. The effective date for benefits under this program was Nov. 6, 2003.

However, until TRICARE is able to make payments for claims under this provision, Reserve Component sponsors and eligible family members who receive medical and dental care from Nov. 6, 2003, to the present, are encouraged to pay those bills and save their receipts. Beneficiaries may apply for TRICARE reimbursement once implementation begins and claims filing procedures are announced by TMA.

The third and final temporary provision (702) is under development. This provision is limited to Reserve Component sponsors who are either unemployed or employed but not eligible for employer-sponsored health coverage and their family members. This provision will pay for medical care only. Claims under this benefit are not eligible for payment retroactive to Nov. 6, 2003. This provision, when it is implemented, will require an enrollment application and payment of a premium. TRICARE is working now to develop this provision, which requires many contract and personnel system changes. We anticipate that this effort cannot be completed for several months. The authority for this temporary provision expires on Dec. 31, 2004.

Sponsors and family members who need help understanding their TRICARE benefits or processing TRICARE claims, may contact their regional TRICARE beneficiary counseling and assistance coordinator for assistance. A list of names and telephone numbers for assistance is available at www.tricare.osd.mil/bcaccdirectory.cfm.

Future updates on the three temporary programs for Reserve Component families will be posted to the TRICARE Web site at <http://www.tricare.osd.mil/> and the Reserve Affairs Web site at www.defenselink.mil/ra/.

**Time to move on?
Trying to find a great new job?**



The Inspector General Wants YOU!

The AMC/IG is always looking for the best in the field to come serve with us.

What we offer:

- Your choice of a 2- or 3-year HQ staff tour (that means "s-t-a-b-i-l-i-t-y")
- An opportunity to interact with key officer and enlisted leadership across AMC
- A chance to have a huge impact on the Air Force
 - Identify problems, report them and even fix them on the spot
- You are "the" recognized expert in your field
- You will be looking at your career field from the "HHQ Inspector" perspective
 - Great chance to broaden and learn about other career fields
- TDYs to many locations, average duration is 1 week!
- Small directorate with a BGen in charge
 - Very focused attention on each inspector's career
- Peers on the team are also the best in the command
- Very close knit team, we take care of our own and have fun too!!!
- TDY work completed while TDY
 - We don't bring inspection work home with us—report finished on-site
- "Brat and Burger Burns" in our courtyard once a month -- Family atmosphere!
- Location is close to the St Louis metropolitan area
 - Great shopping, food, sports and cultural events (20 min to downtown)
 - Mid-western family values & lifestyle, plenty of corn fields!
 - Good cost of living, short commute, superb on/off-base housing options
 - Small town atmosphere with excellent schools and recreation facilities

IG Wants You continued on next page

The rest of the story (full disclosure in effect):

- TDY target is max of 140 days per year (~12 days per month)
 - Team average is really closer to 120 days per year
 - TDYs are short duration
 - "Post mission" comp days always given, must be used within 2 weeks
 - Guaranteed 2-week "summer break" and a 2-week "winter break" (no inspections booked, take leave if you want!)
- There is a lot of work to be done
 - No different from any other HQ Staff job
 - Our team makes it a fun and challenging atmosphere
- Finally, no one ever believes you when you tell an inspected unit that "I'm here to help" (but it really is true!!!)

An assignment with AMC/IG is a great opportunity to learn about key readiness and operational issues from across the Air Force. You'll have a direct impact on how effectively AMC performs it's Global Reach missions!

We are very proud of what we do and the morale on this team is sky high. We've always been comprised of volunteers for this duty, and virtually everyone who has served on the team says they would come back and do it again! In short, we are "people-oriented" leadership and teamwork at its best!

If you are ready for a challenging and rewarding job, let your AFPC functional know you want to be on the AMC/IG Team!!

Come Soar With The Buzzards!

For more info and other perspectives, please call the AMC/IG exec at DSN 779-0443 and he'll put you in touch with your IG functional counterpart.

(Current as of: 8 May 04)



Senior Master Sgt. (Ret) Ray L. (Pop) Ollis, 156th Airlift Squadron, (Aircraft Loadmaster) died May 13th of an apparent heart attack. He was the father of Lt.Col. (Ret) Robert B. (Bob) Ollis former Commander of 145 Civil Engineer Squadron and 145 Aerial Port Squadron. Senior Master Sgt. Ollis' other son Ray, Jr. also served in the North Carolina Air National Guard and worked for awhile as a full time employee in Aircraft Maintenance.

Senior Master Sgt. Ray Lacy Ollis, Sr., visitation was from 6 PM to 8 PM on Saturday, May 15 at Whitley's Funeral Home, 1748 Dale Earnhardt Blvd., Kannapolis, NC 28083.

Services were held at Memorial United Methodist Church, 1100 West C. Street, Kannapolis, NC 28081.

Graveside services were held immediately following at Carolina Memorial Park off of Highway 29 in Kannapolis, North Carolina.

Ray is survived by his wife Lois and sons Ray Jr. and Robert. He was preceded in death by his daughter Ann.

Mr. Ollis was a veteran of WWII and Vietnam. He was 79 years old.



Salutes – Menu

JUNE 2004 UTA

Saturday – 5 June
(Choice Of)

Roast Pork or Salisbury Steak

Mashed Potatoes with Gravy

Mixed Vegetables

Corn

Peach Cobbler / Jello

Oatmeal Cookies

Salad Bar

Dinner Rolls

Assorted Beverages

Sunday – 6 June
(Choice Of)

Southern Fried Fish or BBQ Chicken

Rice Pilaf

Gravy

Buttered Carrots

Sweet Peas

Brownies / Jello

Salad Bar

Dinner Rolls

Assorted Beverages



Salutes – Training Completed

SSgt William H. Atkinson, Jr.	263 CBCS	Satellite Wideband & Telemetry Systems Apprentice Course: Distinguished Graduate Electronic Principles: Distinguished Graduate
SSgt Joseph A. Barney	263 CBCS	Academy of Military Science Course
SSgt Nathan B. Barron	156 AS	Academy of Military Science Course
SSgt Larry D. Blevins	145 MXS	Electronic Principles Electronic Warfare Apprentice Course: Flight Chief's Award; The Ace Award
SSgt Thomas H. Bonzo, Jr.	263 CBCS	Personnel Craftsman Course
SrA Steven A. Bryant	145 MXS	Communication/Navigation/Mission Systems Apprentice Course: Distinguished Graduate
SSgt Matthew M. Burns	156 AS	Academy of Military Science Course
MSgt Christopher T. Carpenter	156 AS	Flight Engineer Instructor Course
SSgt Phillip W. Cooper, Jr.	145 MSF	Apprentice Communications-Computer Systems Operations Specialist Course
SSgt Ricardo Cordova	263 CBCS	Information Management Craftsman Course
TSgt Daniel R. Devin	145 CE	Fire Officer II Course
TSgt William G.A. Garrison	145 SVF	Basic Protocol and Ceremonies Course
Maj Sharon Hamrick	156 AES	The 2004 Executive Leadership Symposium
SSgt Amanda J. Huffman	145 MSF	Personnel Support for Contingency Operations Course
SSgt Darren E. McDonald	145 AW	Information Management Apprentice Course
SMSgt Allen McGaha	145 AW	Safety Apprentice Course
SSgt Brandon V. McKimmey	145 LRS	Hadvosen 25K Loader Maintenance
TSgt James A. Moss	145 MXS	US Air Force Noncommissioned Officer Academy
TSgt Christopher J. Mueller	145 MXS	US Air Force Noncommissioned Officer Academy
SSgt Eric R. Siebenthaler	263 CBCS	US Air Force Noncommissioned Officer Academy
SSgt Albert R. Stanley	145 CES	Civil Engineer Management Craftsman Course
SSgt Tina M. Stephens	156 AS	Aviation Resource Management Apprentice Course: Distinguished Graduate
MSgt Ronnie Watkins	145 CF	COMSEC Account Management Electronic Key Management System
SMSgt Hoyle K. Wise, Jr.	235 ATCS	Air Force Senior Noncommissioned Officer Academy
A1C Gregory S. Wright	145 AMS	Basic Military Training Course Aerospace Maintenance Apprentice (C-130) Aerospace Maintenance Apprentice

Salutes – Promotions

To Captain
Mark Thibault 156 WF

To Second Lieutenant
Kerry L. Hathcock 156 AES

To Master Sergeant
Robert S. Black 145 APS
Jerry D. James 145 MXG
David J. Klass 263 CBCS

To Technical Sergeant
Romain G. Bell, Jr. 263 CBCS
Mickey C. Blair 145 OSF
Steven D. Estes, Jr. 145 MDS
Joseph D. Evans, II 145 AMS
Genie A. LaFranchise 145 CF

To Technical Sergeant (cont.)
Elizabeth A. Mintz 145 MDS
John J. Ratz, Jr. 145 SVF
Marilyn D. Wilkins 145 MSG

To Staff Sergeant
Joseph W. Bishop 263 CBCS
Travis B. Caldwell 145 MXS
Randall S. Grubbs 263 CBCS
Joyce A. Quick 263 CBCS
Stephen A. Tafel 235 ATC
Donnie A. Wooten 156 AES

To Senior Airman
Kevin B. Eldridge 263 CBCS
Amanda N. Sugg 156 AES

Salutes – Enlistments

SSgt Gillian M. Albro 145 MXS
A1C Gregory S. Benton 156 AS
A1C Matthew D. Bonivtch 156 AS
TSgt Joel G. Greene 145 LRS
AB Lyle W. Glatz 235 ATCS
SSgt Curtiss J. Goode 156 AS
SSgt Michael L. Hall 145 SFS
SSgt Lafayette J. Horton 145 MDS

A1C Joel B. Kingdon 156 AS
SrA Tammy L. Puckett 156 WF
SSgt Todd R. Redenbaugh 263 CBCS
A1C Jaclyn N. Roberts 145 SFS
SSgt Paul L. Roof 145 APS
A1C Bryan D. Smith 145 MXS
A1C Andrew B. Voso 156 AS
SrA William C. Whitten 118 ASOS

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On May 13th , Secretary of Defense Donald Rumsfeld made an unannounced visit to the Abu Ghraib prison in Iraq. The mission commander for the four aircraft that flew the secretary and his staff from Qatar to Baghdad was Lt. Col. Mark Remick, our Deputy Operations Group Commander. The purpose of the trip was to assess what steps have been taken to correct problems at the prison and to address the troops and military police that now are in charge of that facility. Speaking to these men and women regarding the abuses that took place there, Rumsfeld said, "It's important for each of you to know that that is not the values of America and it's not your values. And I know that and know that and your families know that. And we're proud of you – each of you. We're proud of your service."

**145TH AIRLIFT WING
NORTH CAROLINA AIR NATIONAL GUARD
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